

Komitas Music Performing Centre

in Collaboration with



Presents

A Piano Master Class Series

For AMUS/ LMUS / ATCL/LTCL Diploma Levels

Date: 25th 26th and 27th of September, 2017

Venue: **Piano World** 390 Eastern Valley Road, Chatswood 2067

Course Presenter/s

Edwin Alamshah

(Pianist)

Stephanie Harant

(Fitness First Trainer)

Course Cost: \$185.00 (for 3 days)

Application Closing Date: 20th of September, 2017

Places are limited for 15 candidates only

For further information and application form, email KMPC
info@kmpc.com.au or katherine@australiapianoworld.com.au

Course Duration: 8:30am – 11:30am daily

Course Introduction

This course has been designed to look at the different aspects involved in performing complex piano repertoires at the Diploma level considering the technical and musical challenges in each work. The main focus of the master class will be to discuss the range of artistic issues in performance of each musical work including sound production; varied colouristic approaches, and to examine phrasing focussing on the best expressive outcome in each work. The technical challenges of each work will be reviewed in line with specially designed exercises to improve and remedy a range of technical difficulties including fingering and the use of pedal in each work.

As well as assessing musical and technical issues within this master class series, for the first time in Sydney with help of a Fitness First Personal Trainer, physical challenges in piano performances will be addressed. During the past 10 years as a teacher, I have found those students that practise for long hours on a daily basis, face arm, neck and back pain, and I solely attributed the discomfort to posture. Even though incorrect seated position can be a factor, long hours sitting and playing difficult pieces at an accelerated pace creates the perfect situation for muscle spasms and subsequent pain.

Following discussions with my personal trainer regarding this technical problem that I too experienced, I was provided with specific fitness exercises to tackle this problem. Now in the last 6 months that I have been undertaking these exercises, I have to admit that the results are astounding. As I perform and teach for long hours, I now find that my neck and back pain have all but disappeared. During my last master class in Europe, I practised these exercises daily with successful results. I have now come to the conclusion that by undertaking these exercises before and after long hours of practising the piano, the process releases all the muscle tensions and associated pain.

During this master class, Personal Trainer, Ms Harant will provide a coaching session with all course participants.

Background Information



Following studies in Italy; Rome Santa Cecilia and Perugia Music Conservatorium, pianist, conductor and composer Edwin Alamshah, has performed throughout Europe and Australia at venues including Sydney's Opera House and Sydney Town Hall. Throughout the past 4 years, Edwin has been invited to teach piano Master Classes in Europe, most recently in Budapest and Prague for one week in July 2016. His own compositions have been performed both in Australia and Europe, and as a pianist and conductor is recorded by SBS and 2MBS FM and ABC.

In 2012 to 2014, Edwin has been awarded by the Australian Music Examination Board as one of NSW top 5 teachers. As part of his profession, Edwin has been successfully preparing students for scholarships in Australia and abroad with students awarded full scholarships in admittance to Sydney Grammar, PLC, Newington, Knox and Redlands High School. Overseas, his student Victor Dai, has been awarded a full scholarship to study at the *London Royal College*, London UK. Vatche Jambazian too has been awarded a full scholarship to study at *The Julliard School*, New York City.

Edwin's students have received many accolades being recipients winning major piano competitions including Sydney and Macdonald Eisteddfods.

Stephanie Harant

As a qualified personal trainer with years of experience instructing classes in Pennant Hills Fitness First Gymnasium, Stephanie specialises in strength and mobility training dedicating a vast portion of her own training to the practice during the past 2 years. Mobility training is pivotal to the function of posture maintenance. Specific exercises have shown to directly assist in the improvement of postural abnormalities, as well as alleviating every day aches and pains that often result from a build up of muscular stress. The simple yet ruinous act of sitting in a prolonged sedentary and unchanged position for hours at a time compromises mobility and flexible function of our spine. Stephanie has designed specific exercises to improve a musician's mobility in response to their extended hours of practice which helps to release muscle tension. Her personally designed exercises have been used in several piano master classes including those recently convened in Budapest and Prague.

Stephanie has been invited here to share her knowledge and technique amalgamating strength and mobility with piano performance.

Komitas Music Performing Centre

Piano Master Class

www.kmpc.com.au

25-26-27 September 2017

Application Form

Applicant/s Full Name.....

Date of Birth.....

Address in Sydney.....

Email & Phone No.....

Name and phone No. of Next of Kin (if you are a minor)

.....

Music Qualifications (any AMEB or Trinity College Examinations undertaken).

.....

Any past Piano Competition Awards?

.....

At the present time, what is your piano performance level?

.....

Name the works that you have been performing.

.....

Name of works you are going to present in this Master Class.

.....

.....

.....

.....

Payment details: 3 day course cost \$185.00

Payments must be made to Komitas Music Performing Centre

Account details: Branch No.. 062-171 Account No: 10108749